



The Carolinas Chapter of GAPNA presents the  
14<sup>th</sup> ANNUAL CONFERENCE

**“Coming together: Caring for  
diverse older adults ”**

**Saturday, April 22, 2023 8a-4p**

**McKimmon Center, 1101 Gorman St, Raleigh, NC**

### Event Schedule

8-8:30a	Registration with opportunity to visit Sponsor booths
8:30-8:45a	Opening remarks
8:45-9:45a	Wound Care Update Autumn Henson, DNP, GNP-C, WCC
9:45-10:45a	“Managing Co-morbidities in Older Adults with CKD” Christine Khandewal, MD, Geriatrician
10:45-11a	Break with opportunity to visit Sponsor booths
11-11:20a	Carolinas Chapter GAPNA Research Scholarship winner presentation Erica Frechman, PhD, AGNPCNP-BC, ACHPN, NEA-BC, FPCN
11:20-12:20p	“Care of LGBTQ+ Older Adults” Beth Ann Guevera, DNP, FNP-C
12:30-1:45p	Lunch with opportunity to visit Sponsor booths Carolinas Chapter Business Meeting
1:45-2:45p	Geriatric Psychopharmacology Update Nanette Lavoie-Vaughan, DNP, ANP-C, CDCP
2:45- 3:45p	“Recognizing Burnout and Strategies for Self-Care” Felice Carlton, DNP, FNP-C
3:45-4p	Closing Remarks/Evaluations
4-4:30p	Opportunity to visit Sponsor booths

**Learning Objectives:** At the end of the presentation, participants will be able to:

1. Identify the common treatments and strategies for management of pressure ulcers and skin tears in older adults.
2. Recognize the multimorbidities associated with older adults with CKD and symptoms related to CKD and apply the 5 domain framework.
3. Identify the social challenges and barriers unique to LGBTQ+ older adults and strategies to reduce barriers to quality care.
4. Identify new pharmaceutical therapy for depression, anxiety, dementia, insomnia, and agitation in older adults.
5. Discuss the stages of burnout and learn strategies to address burnout in the life and career of the provider.





Register on our website: <https://www.carolinaschaptergapna.org/>  
and click on PAY button (<http://paypal.me/triadgapna>)

➔ Or use QR code



and use link at bottom of registration form to pay registration fee

Registration begins: 2/24/2023

Registration ends: 4/15/2023

GAPNA Members:	\$65.00 (GAPNA membership number required)
Non-Members:	\$85.00
NP Students/RN's:	\$45.00

*This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 5.0 contact hours of education.*

Reminders: No outside food or drink at McKimmon Center. Bring a light jacket or sweater. Lunch is included in cost of registration.

***MANY THANKS TO OUR SPONSORS***

